

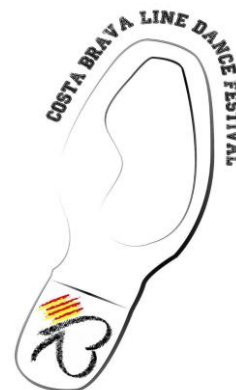
THROWBACK LOVE

Choreographers: Pim Van Grootel, Jose Miguel Belloque Vane, Raymond Sarlemijn & Jean-Pierre Madge - June 2017

Counts: 56 Walls: 0

Music: "Throwback Love" by Meghan Trainor

Level: Phrased Intermediate



Sequence: A-B-B-A (Restart) A-B-B-A-B-B-B

Starts after: 16 Counts (+/- 17 Sec. on Track)

PART A

[1-8] RUMBA BOX, R/L, MAMBO FWD 1/2 TURN R, SHUFFLE 1/2 TURN R

- 1&2 RF Step to right side, LF Close next to RF, RF Step forward
 3&4 LF Step to left side, RF Close next to LF, LF Step forward
 5&6 RF Step forward, LF Recover weight, 1/4 Turn right (3.00), RF 1/4 Turn right, stepping forward (6.00)
 7&8 LF 1/4 Turn right, stepping to left side (9.00), RF Close next to LF, LF 1/4 Turn right, stepping backwards (12.00)

[9-16] MAMBO BACK, HEEL, HEEL, TOGETHER, CROSS STEP, SNAP, TOUCH SIDE 2X, SAILOR STEP R

- 1&2& RF Step backwards, LF Recover weight, RF Step forward on the heel, LF Step forward on the heel
 3&4 RF Close next to LF, LF Cross over RF, Snap your fingers
 5&6 RF Touch to right side, RF Touch next to LF, RF Touch to right side
 7&8 RF Cross behind LF, LF Small step to left side, RF Step to right side

*** Restart Point In 2nd Time Part A*

[17-24] BALL CHANGE, SNAP, 1/4 TURN L, SNAP, 1/4 TURN L, SNAP, SIDE STEP, SNAP, JAZZBOX R, SHORTY GEORGE

- &1&2 LF Step next to RF, RF Step to right side, Snap the fingers, LF 1/4 Turn left, stepping forward (9.00)
 &3&4 Snap the fingers, RF 1/4 Turn left, stepping to right side (6.00), Snap the fingers, LF Step to left side
 &5&6 Snap the fingers, RF Cross over LF, LF Step backwards, RF Step to right side
 &7&8 LF Step forward, RF Step forward pushing the knees to right, LF Step forward pushing the knees to left, RF Step forward pushing the knees to right
 & LF Step forward pushing the knees to left

[25-32] HEEL STEP, 1/4 TURN R, ROCK STEP - 2X, KICK, BEHIND, SIDE, CROSS - 2X

- 1&2& RF Heel forward, LF 1/4 Turn right recovering weight, RF Step backwards, LF Recover weight
 3&4& RF Heel forward, LF 1/4 Turn right recovering weight, RF Step backwards, LF Recover weight
 5&6& RF Kick diagonal right forward, RF Cross behind LF, LF Step to left side, RF Cross over LF

7&8& LF Kick to left side, LF Cross behind RF, RF Step to right side, LF cross over RF

PART B

[1-8] TOE, HEEL ,CROSS - 2X, JUMP OUT, WEIGHT CHANGE L/R, BOUNCE 4X

1&2& RF Touch next to LF, RF Touch heel to right side, RF Cross over LF, LF Touch next to RF

3&4 LF Touch heel to left side, LF Cross over RF, RF Jump out to the right side

5-6 LF Recover weight (While jumping into it), RF Recover weight (While jumping into it)

7&8& RF Jump on the spot while keeping the LF out turning 1/4 Turn (9.00), RF Jump on the spot while keeping the LF out turning 1/4 Turn (6.00), RF Jump on the spot while keeping the LF out turning 1/4 Turn (3.00), RF Jump on the spot while keeping the LF out turning 1/4 Turn (12.00)

[9-16] ROCK BACK, 1/2 TURN R, HITCH, STEP BACK, HITCH, STEP FORWARD, 1/2 TURN L, HITCH, STEP BACK, 1/2 TURN L, HITCH, STEP FWD, 1/2 TURN L, STOMP -2X

1&2& LF Step backwards, RF Recover weight, LF 1/2 Turn right, stepping backwards (6.00), RF Hitch

3&4& RF Step backwards, LF Hitch, LF Step forward, RF Hitch, while making a 1/2 Turn left (12.00)

5&6& RF Step backwards, LF Hitch, while making a 1/2 Turn left (6.00), LF Step forward, RF Hitch

7&8& RF Step forward, LF 1/2 Turn left, stepping forward (12.00), RF Stomp, LF Stomp

[17-24] STEP FWD, KICK, STEP BACK, TOUCH, JAZZBOX 1/2 TURN R

1-4 RF Step forward, LF Kick forward, LF Step backwards, RF Touch backwards

5-8 RF Cross over LF, LF 1/4 Turn right, stepping backwards (3.00), RF 1/4 Turn right, stepping to right side (6.00), Lf Small step forward

****Finish: Last time doing part B, make a normal jazzbox instead of a jazzbox 1/2 Turn. You will be facing (12.00).*