

LONELY DRUM

Choreographer: Darren Mitchell (June 2017)

Counts: 32 Walls: 4

Music: Lonely Drum - Aaron Goodvin (iTunes)

Level: Improver



Intro: 40 counts

[1-8] STOMP, BOUNCE, BOUNCE, BOUNCE, TOE-HEEL-STOMP, TOE-HEEL-STOMP

1&2& Stomp R forward, raise R heel up, drop R heel to the ground, raise R heel up

3&4 Drop R heel to the ground, raise R heel up, drop R heel to the ground

5&6 Touch L toe together, touch L heel together, stomp L forward

7&8 Touch R toe together, touch R heel together, stomp R forward (12:00)

[9-16] PADDLE TURN, SHUFFLE ACROSS, HIP-HIP-HIP, BEHIND-SIDE-ACROSS

1-2 Paddle turn: Step L forward, turn 90 degrees right take weight onto right

3&4 Shuffle L across in front of right: L-R-L

5&6 Step R to the side pushing hips: R-L-R

7&8 Step L behind right, step R to the side, step L across in front of right (3:00)

[17-24] TOE & TOE & HEEL & HEEL, TOGETHER, WALK, WALK, SHUFFLE FORWARD

1&2& Touch R toe to the side, step R together, touch L to the side, step L together

3&4& Touch R heel forward, step R together, touch L heel forward, step L together

5,6 Step R forward, step L forward

7&8 Shuffle forward: R-L-R (3:00)

[25-32] PIVOT TURN, SHUFFLE FORWARD, STEP, DRAG, STEP, DRAG

1,2 Pivot turn: step L forward, turn 180 degrees right take weight onto right

3&4 Shuffle forward: L-R-L

5,6 Step R a big step forward, drag L towards right

7,8 Step L a big step forward, drag R towards left. (9:00)

Repeat

Restart: At the end of wall 3, add the following 8-count tag, then restart the dance at 3:00

1,2 Step R forward, rock back onto left

3&4 Shuffle back: R-L-R

5,6 Step L back, rock forward onto right

7&8 Shuffle forward: L-R-L